

Play mats

These are designed to go on the floor for baby to lie on and play with various toys which are attached to the mat. It is good if they can be a little bit thicker so they provide a softness and stop any coldness from the floor surface.



They can be made from a variety of fabrics, especially synthetic ones which are not suitable to use as bedding. It is important to make sure playmats are not confused with bedding hence the idea of attaching toys or at least the loops for toys to them.

If making from scratch something like a layer of polar fleece a layer of wadding and a layer of a fun top fabric will work well. To put together you can either sandwich the 3 layers together and then put a binding on around the edge or put rights sides of fabrics together sew leaving a gap to turn through and then top stitch around the outside to close the opening and hold the layers in place properly.

Make loops to attach toys to mat by using 10cm by 6cm strips of fabric. Iron so raw edges on long side are folded to the inside and then fold strip in half longways. Top stitch along these edges. Then fold in half and then fold end raw edges under and attach to the playmat making sure smaller raw edges are sewn onto mat. Or you could use commercial binding to sew onto the mat.

